



**BLACK SWAN
HEALTH**

About Us

Black Swan Health is an independent primary healthcare provider.

Established in 2014, we are one of the largest primary (outpatient) healthcare providers in Western Australia with a workforce of almost 300 health professionals.

An award-winning, multi-disciplinary healthcare team of GPs (General Practitioners), Psychiatrists, Clinical Psychologists, Registered Psychologists, Nurse Practitioners, Registered Nurses, Credentialed Diabetes Educators, Dietitians, Physiotherapists, Exercise Physiologists, Pharmacists, Occupational Therapists and Social Workers.

Our personalised services positively impact individuals and communities across the metropolitan area. Following is an overview of our services:

- **Freo Street Doctor**

Mobile medical health service comprising of a team of GPs (General Practitioners), Registered Nurses and Counsellor/Outreach workers that serve the community.



- **Physical Health Services**

- » Diabetes Education
- » Dietetics
- » Eating Disorder Treatment
- » Exercise Therapy & Rehabilitation
- » Physiotherapy
- » Pulmonary Rehabilitation
- » Chronic Pain

- **Disability Services**

Registered NDIS Provider

- » Psychosocial Disability Support
- » Support Coordination
 - » Connect and coordinate Support Services
 - » Address barriers and build resilience
- » Therapeutic Support
 - » Diabetes Education & Dietetics
 - » Physiotherapy & Exercise Physiology
 - » Psychology

- **Qualified Health Professional Training**

RACGP endorsed CPD (continuing professional development) education provider for GPs.

- **Psychology & Mental Health Services**

Experienced mental health practitioners operate across the spectrum of mental health services.

- » Anxiety disorders
- » Depression
- » Perinatal depression
- » Suicide prevention
- » Stress management
- » Personality disorders
- » Substance dependence
- » Sleep disorders
- » Trauma/PTSD (Post Traumatic Stress Disorder)
- » Grief and bereavement
- » Autism & ADHD Assessment Services
- » Early Psychosis Program
- » EAP - Employee Assistance Program

- **Youth Mental Health Services**

Black Swan Health is the lead agency for headspace Osborne Park and headspace Joondalup.

headspace is a FREE mental health service for young people aged 12-25 and their families.

headspace Early Psychosis offers early intervention and specialist support services to young people experiencing, or at risk of psychosis.

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**Both
in-person
and telehealth
appointments
available.**