



Program Overview

Black Swan Health is an independent primary healthcare provider specialising in the design and delivery of safe and high-quality primary health, mental health, and disability services and supports.

As leaders in our field, we deliver a comprehensive range of high quality, person-centred services provided by qualified and experienced health professionals. We offer both **face-to-face and telehealth** appointments.

Our healthcare treatment and education services are designed to improve the mental and physical health of individuals and help prevent and manage chronic conditions through the promotion of healthy lifestyle behaviours, with the aim of reducing hospital admissions and the burden of chronic diseases.

Our experienced and highly skilled team provide convenient, safe and clinically effective services for Medicare, Private Health, Workers Compensation and DVA clients, adopting an individual approach based on each client's assessed needs.

Diabetes Services & Education



Diabetes Educators and/or Dietitians provide:

- Individual therapy for clients living with type 1 and type 2 Diabetes.
- Support for clients with type 1 diabetes to access Continuous Glucose Monitoring products
- Diabetes management training to NDIS and Aged Care personnel.

Dietetic Services



Highly experienced dietitians provide tailored clinical expertise for a large range of conditions which include weight management, coeliac disease, food intolerances, gout, and irritable bowel syndrome.

Eating Disorder Treatment



Treatment for both diagnosed eating disorders and disordered eating behaviours. Our team of Dietitians and Clinical Psychologists tailor dedicated eating disorder treatments to suite each client's unique situation.

Respiratory Services



Available to clients with chronic lung disease, our Pulmonary Physiotherapist will design a tailored exercise program to improve exercise tolerance, reduce breathlessness and improve quality of life.

Persistent Pain Program



Our team includes a physiotherapist, clinical psychologist, pharmacist and dietitian who provide individualised care and support. Clients can also attend our group pain education program.

Exercise Rehabilitation



Accredited Exercise Physiologists & Specialist Physiotherapists provide group and individual clinical exercise sessions. Includes post-surgical rehabilitation, neuromuscular exercise therapy, Workers Compensation rehabilitation and more.

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