



BLACK SWAN
HEALTH LTD

Meet our Psychologists

Leading the way in health and wellbeing

Susan Cuthbert

Registered Psychologist

Susan is an experienced registered psychologist and endorsed community psychologist. She has worked in private practice as well as a school psychologist.

She provides a safe, caring and open experience for clients and believes every client deserves respect and the highest quality of service, and to be empowered and engaged in their progress towards optimising their wellbeing.

Susan uses a combination of Cognitive Behavioural Therapy, Eye Movement Desensitisation and Reprocessing, supportive counselling, mindfulness and narrative therapy to treat her clients.

Specialises in the treatment of:

- Relationship issues
- Grief and trauma
- Mediation and conflict resolution
- Child and adolescent development
- Minority groups (aged, disabilities, same-sex)

Can also help with:

- Depression and anxiety
- Women's issues (sexual abuse/domestic violence)
- Stress
- PTSD
- Substance dependence

Susan's mental health tip: "It's important to seek professional perspective and support when you've done all you can."

WINNER 2017 North West Metro Business Awards	WINNER 2017 WA Disability Support Awards	WINNER 2017 WA Disability Support Awards	WINNER 2018 Fremantle Business Awards	WINNER 2018 Stirling Business Awards	WINNER 2018 Joondalup Business Awards
Best New Business	Overall Award for Excellence	Excellence in Advocacy and Rights Promotion	Excellence in Innovation	Community Hero of the Year	Excellence in Customer Service

(08) 9201 0044

www.blackswanhealth.com.au

counselling@blackswanhealth.com.au

