



Referral Guidelines

About headspace Osborne Park

headspace Osborne Park is a free, youth-friendly service for young people aged 12-25 in the key areas of:

- mental health and wellbeing
- family support
- physical health
- alcohol and other drugs
- vocational, educational and employment

The aim of headspace is to reach young people at an early stage in the development of mental health issues well before crisis point, undertake a thorough assessment and respond appropriately by providing a brief intervention and links into relevant services.

headspace Osborne Park is **not an acute mental health/crisis service**. If you have any immediate concerns regarding the safety/wellbeing of a young person, please call:

- Mental Health Emergency Response Line (MHERL) on 1800 555 788;
- Lifeline on 13 11 14; or
- Kids Helpline on 1800 55 1800.
- **In an emergency, contact 000 immediately.**

We accept all referrals including self referrals and those from family and friends.

How to refer to headspace Osborne Park:

Referrals should include as much information as possible and the young person must give consent for the referral to proceed.

You can make a referral via phone, fax or email:

Phone: 08 9208 9555

Fax: 08 9208 9599

Email: info@headspaceospk.com.au

If the Young Person would like to see a bulk-billing Psychologist under the Medicare Benefits Scheme they will need a Mental Health Care Plan from their GP.

Next steps

All referrals will be processed by the Duty Officer Monday to Friday. We aim to have the referral processed within 3 working days. A referral is not accepted until the Duty Officer has made contact with the referrer or young person and arranged an initial assessment.

If you require further information about making a referral to **headspace** Osborne Park please call the Duty Officer on **9208 9555** any time between 9.30am and 4.00pm Monday to Friday.